

MID-ATLANTIC PODIATRIC MEDICAL ASSOCIATION (REGION 8), CO-SPONSOR

2013 PODIATRY CONFERENCE

Mid-Atlantic

FOREFOOT SURGERY

**HALLUX VALGUS
AND RELATED DISORDERS
OF THE 1ST RAY**

**NEW TECHNIQUES
AND TECHNOLOGIES**

**MIDFOOT, REARFOOT
AND ANKLE SURGERY**

MEDICINE

TRAUMA

HANDS-ON WORKSHOPS

PICA RISK MANAGEMENT

**ICD 10 CODING, MAPPING
AND CROSS-WALKING
WITH ICD 9**

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Mid-Atlantic

2013 PODIATRY CONFERENCE

MID-ATLANTIC PODIATRIC MEDICAL ASSOCIATION (REGION 8), CO-SPONSOR



THE PODIATRY INSTITUTE

NOV 15-17

MARRIOTT INN & CONFERENCE CENTER, UMUC
 COLLEGE PARK, MARYLAND



UP TO **20.0** CONTINUING EDUCATION
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AREA ATTRACTIONS

TOP PICKS

The Memorials Don't miss the newest memorial: Martin Luther King, Jr. National Memorial (www.nps.gov/mlkm). The Jefferson Memorial's view overlooking the water is just breathtaking (www.nps.gov/thje). Night time is the best time to visit the Korean War Memorial with the lifelike rows of troops (www.nps.gov/kowa). Walk to the Vietnam Veterans Memorial, a somber sight with names engraved in its black granite (www.nps.gov/vive), and to the Lincoln Memorial (www.nps.gov/linc).

Smithsonian Museums World-class attractions with a variety of exhibits ranging from a 3.5 billion-year-old fossil to the Apollo lunar landing module. Admission to all of the Smithsonian museums is free. With 19 museums and galleries, there truly is something for everyone. Guided tours, hands-on activities and special programs are available. More information about the National Air and Space Museum, National Museum of Natural History, National Postal Museum and the National Zoo, can be found on this page. 202.633.1000 www.si.edu

Newseum A fun, interactive look at the history and practice of news. Make a tape of yourself delivering the news or the weather report. 888.NEWSEUM www.newseum.org

US Holocaust Memorial Museum A must see for everyone over age 12. Stop into Daniel's room on your way out. 202.488.0400 www.ushmm.org

National Air and Space Museum Walk through the nose of a DC-7; touch a moon rock; check out spacesuits and the astronaut's survival kit. Eat a freeze-dried ice cream sandwich. Explore the universe at the Planetarium. 202.633.2214 www.nasm.si.edu

Arlington National Cemetery See the changing of the guard at the Tomb of the Unknown Soldier, the eternal flame, the Women in the Military Memorial, and the view from Robert E. Lee's house. 703.907.8585 www.arlingtoncemetery.org

Capitol Hill See the Library of Congress, the world's largest library, and the Supreme Court. Don't skip the Capitol Building, housing the Senate and the House of Representatives (www.aoc.gov/cc/visit/). To the east lies a neighborhood of fine Victorian row houses, diverse restaurants and boutiques. Wander

over to the beautifully restored Union Station (www.unionstationdc.com) for more shopping and dining.

National Museum of Health and Medicine Founded to improve medical conditions during the Civil War, exhibits cover historical as well as current medical issues. 301.319.3300 www.medicalmuseum.mil

UNIQUE STOPS & TOURS

Bike the Sites It's the best thing for a family to do in DC! 202.842.BIKE www.bikethesites.com

C&O Canal National Historical Park Travel back in time to the 1870s on a replica canal boat pulled by mules! Hike, bike, or canoe. 301.739.4200 www.nps.gov/choh

Cultural Tourism DC Self-guided walking tours include: Civil War to Civil Rights, Neighborhood Heritage Trails of U Street and Downtown. 202.661.7581 www.culturaltourismdc.org

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GNP's Scandal Tours This irreverent tour of infamous scandal sites is presented by the comedy group, Gross National Product. 202.783.7212 www.gnpcomedy.com

International Spy Museum Explore the craft, practice, history and contemporary role of espionage. 202.EYE.SPYU www.spymuseum.org

National Aquarium Up close and personal experience at DC's best-kept "sea"cret. 202.482.2826 www.nationalaquarium.com

National Archives On display are the three short texts upon which the US is founded: the Declaration of Independence, the Bill of Rights, the Constitution. 866.272.6272 www.archives.gov

Washington National Cathedral Known as the spiritual home for the nation, there are magnificent views of DC, Maryland and Virginia. 212.537.6200 www.nationalcathedral.org

Washington Photo Safari DC is a photographer's paradise. Learn insider's secrets and tips for any skill level with any kind of camera. 202.669.8468 www.washingtonphotosafari.com



KID STUFF

Bureau of Engraving and Printing The money printing process and the destruction of old money is fascinating. 202.874.2330 www.moneyfactory.com

Ford's Theater & the Peterson House See where President Lincoln was shot, and the house where he died. 202.347.4833 www.fordstheatre.org

National Museum of Natural History Not just the Dinosaur Hall, but also The Discover Room (hands on exploration) and Orkin Insect Zoo with it's great collection of bees, ants, cockroaches, and tarantulas. 202.633.1000 www.mnh.si.edu

National Zoo All parts of the zoo are fun, but don't miss Amazonia, a recreated rain forest. 202.633.4888 www.nationalzoo.si.edu

National Postal Museum Explore America's postal history from colonial times to the present. Mail a letter and watch how it travels to its destination. 202.633.5555 www.postalmuseum.si.edu

More information is available at:
www.washington.org www.thedistrict.com
www.capitalregionusa.org



College Park MD

Friday - NOV 15

7:30 AM REGISTRATION, BREAKFAST

8:00 AM FOREFOOT SURGERY

What is the Standard of Care for Internal Fixation in Forefoot Surgery?

Diagnostic Modalities for Plantar Plate Pathology

HIPJ Fusion by Crossed Screw Technique

Polydactyly

Neuroma Treatments and Complications

Alternative Lesser Digital Arthrodesis

Freibergs Infarction

Tailor's Bunion Repair

10:00 AM REFRESHMENT BREAK, VISIT EXHIBITORS

11:00 AM WORKSHOPS ATTENDANCE REQUIRED

Various hands-on workshops featuring latest techniques and technologies, including:

Evidenced Based Protocols to Enhance Mobility and Maximize Healing: Two Hours of Practical Solutions to Stimulate Outcomes and Your Practice

JONATHAN M. MOORE, DPM

This interactive program discusses the latest tools, protocols, templates, reimbursement updates and documentation pearls to enhance patient outcomes and grow Podiatric Centers of Excellence for Wound Healing and Mobility Preservation.

1:00 PM LUNCH

LEARNER OBJECTIVES

At the conclusion of the conference, the participant should be able to:

- Understand the various midfoot and heel conditions presented and understand the differential diagnosis and treatment options available.
- Understand the various surgical options presented for the forefoot with an emphasis on challenges and avoiding complications.
- Understand the various surgical options presented for the first ray with an emphasis on challenges and avoiding complications.
- Understand the various updates and strategies in wound care, infections and infection management.
- Understand the various surgical options presented for the rearfoot with an emphasis on challenges and avoiding complications.
- Understand the modalities available and surgical approaches to complications and revisional surgery.
- Understand the perioperative considerations of the conditions presented.

1:45 PM

HALLUX VALGUS AND RELATED DISORDERS OF THE 1ST RAY

When Does Hallux Limitus Become Hallux Rigidus? (Surgical Implications)

First Ray Dysmorphism and Why the First Metatarsal is a Proximal Phalanx

Unreliability of the IMA in Choosing HAV Surgical Procedures

Juvenile HAV: What is It and What Do We Know About Operating in It

Base Wedge Osteotomy: Does It Work?

Joint Preservation in Hallux Rigidus: What Can and Can't Be Saved

Arthrofibrosis After Bunion Surgery

Plating of First MPJ Fusion

The Austin: How We Do It Today

Technique of the Lapidus

4:00 PM REFRESHMENT BREAK, VISIT EXHIBITORS

4:45 PM

NEW TECHNIQUES AND TECHNOLOGIES

Radiofrequency Ablation for Bone Tumors

Radiofrequency Nerve Ablation

Biofeedback: Can It Help?

Orthobiologics: Clinical Applications in Foot and Ankle Surgery

Aneurysmal Bone Cysts

Treatment of Plantar Verucca and Porokeratomas with the Pulsed Dye Laser

Z-plasty: The Underrated Procedure

Don't Trade One Problem with Another

6:30 PM

FRIDAY SESSION ADJOURNS



Saturday - NOV 16

7:30 AM BREAKFAST WITH EXHIBITORS

8:00 AM **MIDFOOT, REARFOOT AND ANKLE SURGERY**

The Failed TAR: Literature and Case Reviews
Ladder Plating in Midfoot Charcot Reconstruction
Lateral Ankle Stabilization Using Tendon Graft
Talonavicular Arthrodesis for Pes Planovalgus
Neurogenic Heel Pain

Do Certain Heel Spurs Require Excision?

Osteochondral Defects of the Talar Dome:
What Do We Really Know?

10:00 AM REFRESHMENT BREAK, VISIT EXHIBITORS

10:30 AM **MIDFOOT, REARFOOT AND ANKLE SURGERY CONTINUED**

The Cotton Osteotomy

Overview of Lat Ankle Path

Treatment Options for Plantar Fasciitis:
Conservative vs. Surgical

STJ Arthrodesis

Posterior Heel Spur Resection

Metatarsus Adductus: The Hardest Foot Deformity to Fix?

How Do You Know Which Pediatric Flatfoot to Fix?

12:30 PM LUNCH AND PICA SESSION

PICA RISK MANAGEMENT

Is This Patient a Good Surgical Candidate?

Risk Issues Related to Patient Selection and Informed Consent

The 2013 PICA risk management section will focus on patient selection to improve likelihood of success and decrease risk of litigation in podiatric surgery. The attendee will be presented with tools to help identify the possible problem patient and observe possible means of managing these individuals that will lead to mutually successful outcomes for the patient and surgeon alike. Management of the history and informed consent process as well as a discussion of "red flag" warning signs that may be indicators of future problems to come will be reviewed.

2:00 PM PICA SESSION ADJOURNS

2:30 PM **MEDICINE**

Update on Oral Anti-Coagulant for DVT PPX

Verruca Treatment with Candida Antigen Injection

Perioperative Medications

GPS for Diabetic Foot Ulcers

Making Complex Regional Pain Syndrome Not So Complex

How NOT to Read Scientific Articles

Cost Effectiveness of Amputation

4:00 PM REFRESHMENT BREAK, VISIT EXHIBITORS

4:45 PM **TRAUMA**

Supination Adduction Ankle Fractures

Metatarsal Fractures

Syndesmosis Injuries

Jones Fracture

Lauge Hansen So That You Can Understand It

Diabetic Ankle Fracture vs. Ankle Fracture with Diabetes

Digital Fractures

6:30 PM SATURDAY SESSION ADJOURNS

Sunday - NOV 17

7:30 AM BREAKFAST

8:00 AM **ICD 10 CODING, MAPPING AND CROSS-WALKING WITH ICD 9**

Essential needs for private practice to ICD 10 Planning.

12:30 PM CONFERENCE ADJOURNS

TENTATIVE PROGRAM, SUBJECT TO CHANGE WITHOUT NOTICE

UP TO **20.0** CONTINUING EDUCATION CONTACT HOURS

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To be a supportive, global network of members, colleagues and friends which enhances the quality of life for patients with foot, ankle, and leg disorders through innovative education, research and service.

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The Podiatry Institute is a nonprofit educational foundation that offers a variety of programs including conferences, workshops and post-graduate courses, in addition to textbooks, DVDs, PowerPoint® presentations and patient education materials. The Institute has achieved national and international recognition for its leading role in developing and advancing the standard of care in podiatric medicine and surgery. The faculty members are all volunteers who serve without compensation. They are committed to ongoing education in the area of foot and ankle surgery.

For more information, please visit www.podiatryinstitute.com



CONFERENCE REGISTRATION

- \$490 on or before 10/18/13
- \$540 after 10/18/13
- \$590 after 10/31/13 or at the door
- \$265 Retired Podiatrists or Active Military
- \$65 Residents with letter from Residency Director (DOES NOT APPLY TO CADAVER WORKSHOPS.) **LETTER MUST BE SUBMITTED BY MAIL WITH YOUR COMPLETED REGISTRATION FORM. RESIDENT REGISTRATION NOT ACCEPTED BY E-MAIL OR ONLINE.**

- Special Seminar Rate for APMA Young Members. Call 888.833.5682.**

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CANCELLATION requests must be made in writing, via fax or mail, and postmarked no later than one month before the start date of the conference. All cancellation requests will be assessed a \$50 administrative fee. There will be no refunds for cancellations made less than one month prior to the start of the conference. Instead a "certificate of transfer" will be issued, redeemable for any Podiatry Institute conference of equal price or as partial registration fee on any higher price conference. The certificate will be valid for a period of one year from date of issue. NO cancellations or transfers will be accepted within two weeks of the start of the conference.

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ACCOMMODATIONS

MARRIOTT INN & CONFERENCE CENTER, UMUC

Considered a leader among hotels in College Park, Maryland, the recently renovated Marriott Inn & Conference Center, University of Maryland University College offers a state-of-the-art conference center and spacious guest rooms and VIP suites.



Serving contemporary American cuisine in a warm and inviting space reminiscent of a traditional English Public House, The Common espouses all that is great about pub culture. Enjoy hearty meals that pay homage to local and seasonal produce, split shareable plates, or grab a Starbucks latte or pastry to go.

Stay energized with the onsite Fitness Center. With it's brand-new, state-of-the-art equipment, it's an ideal way to rejuvenate after a busy day.

One of the hotel's many accomplishments includes being named the country's first environmentally friendly hotel and conference center, receiving its LEED certification for using recyclable materials and energy-saving systems in every facility. Adding to its allure, the hotel's College Park, MD location boasts quick access to downtown DC monuments, museums and other historic attractions.

Marriott Inn & Conference Center, University of Maryland University College
3501 University Blvd, East • Hyattsville, Maryland 20783
888.236.2427 or 301.985.7300 www.marriott.com GROUP CODE: POIPOIB

A block of rooms has been reserved and will be held until it is full or October 24, 2013, whichever comes first. Please book early to guarantee your reservation. In order to secure our special group rate, advanced reservations are mandatory and you must advise Reservations that you are attending The Podiatry Institute conference. Rates cannot be changed for guests who fail to identify their affiliation at the time the reservation is made. Rate applicable 3 days before/3 days after (based on availability).

Single/Double Room Rate: \$129
(plus tax, currently 6%, subject to change without notice)

TRAVEL DISCOUNTS

To obtain the best possible rates and make your reservations, please call our official agency:

Travel Leaders
678.689.0176

(A \$25.00 SERVICE FEE WILL APPLY FOR THE FIRST PASSENGER; \$15.00 FOR EACH ADDITIONAL PASSENGER.)

If you have trouble securing hotel accommodations, please call Trish at the above number.